

## Senior Activity Sheet 3

## **Top Tooth Tips**

- 1. Work with a partner, matching the sentences from column A and B to work out the Top Tooth Tips.
  - 2. Then write the correct sentences in your copy.

A

A1. Always brush your teeth twice a day,

A2. Use a soft/medium toothbrush

A3. Brushing your teeth properly

A4. Spit,

A5. Never eat

A6. Change your toothbrush

A7. As well as brushing

B

B1. don't rinse.

B2. when the bristles are worn.

B3. should take 2-3 minutes (about the length of a song).

**B4.** it's important to floss daily.

**B5.** at bedtime and one other time during the day.

**B6.** and fluoride toothpaste to brush your teeth.

B7. or swallow toothpaste.





