

# Junior Activity Sheet 2

## Keeping Active - Word Search

Find the 10 hidden words!

M	U	S	C	L	E	S	S	T	E
J	G	W	Q	J	Y	C	T	V	T
U	B	O	N	E	S	H	I	C	R
M	D	G	R	O	W	T	H	H	U
P	S	W	T	U	C	E	R	E	G
I	O	G	D	A	I	R	Y	E	O
N	G	N	I	P	P	I	K	S	Y
G	C	A	L	C	I	U	M	E	F

Bones - Calcium - Cheese - Growth - Muscles  
Yogurt - Active - Skipping - Jumping - Dairy

Use words from the word search to write  
**five sentences about keeping active.**

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Illustrate your favourite sentence about keeping active!